

Candidate Name: _____

ST. LUKE THE EVANGELIST PARISH CONFIRMATION SAINT

The Catholic Church has a long tradition of choosing a saint's name for Confirmation. The saints are the heroes and heroines of our Church, and their example of holiness in the midst of everyday life inspires us on our journey. Each student is expected to choose a saint who inspires them and to try to follow that saint's example as they prepare for Confirmation and as they continue to grow in faith beyond Confirmation.

In addition to asking your sponsors and family for suggestions, there are many resources available online:

Search "Confirmation Saint" at lifeteen.com to find a great blog article on choosing a saint.

Go to saintsresource.com where you will find another listing of saints.

Go to americancatholic.org where you will find a "Saints" tab where you will find saints listed by name, date and patronage.

Your Saint's (or Blessed's) name: _____

Patron Saint of: _____

On the back of this page (if you have nice handwriting), or typed on a separate sheet, discuss in about one page's length, your reflections on the following things about your saint, and anything else you would like to include!

- Who is your saint? (give a brief biography)
- Why were you inspired to choose this saint... Why is this saint relevant to your life?
- If you could sit down with this saint, what would you want to talk about or ask them?
What would you want them to know about you?
- How will you carry this saint with you in the coming years?

